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Self-Made Assignment - MS Power Point

Inserting Media in Power Point

Make presentation using Media option in MS Power Point.

Slide 1: Title Slide

- Title: The Impact of Social Media on Youth
- Your Name
- Date
- Media Option: Add a picture of social media logos (like Facebook, Instagram, TikTok).

Slide 2: What is Social Media?

- Definition: Social media is a way for people to connect and share online.
- Examples:
  - Facebook: Share photos and updates.
  - Instagram: Post pictures and videos.
  - TikTok: Make and watch short videos.
- Media Option: Show a short video of people using social media apps.

Slide 3: Good Things About Social Media

1. Stay in Touch: Helps friends and families talk, even if they are far away.
    - Example: You can message a friend who lives in another city.
  2. Share Ideas: People can share their thoughts, art, and music.
    - Example: A teen shows a drawing, and others can like it.
  3. Learn New Things: There is a lot of information available.
    - Example: You can learn about science or how to cook.
- Media Option: Use a picture showing happy likes and comments.

Slide 4: Bad Things About Social Media





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1. **Feelings and Mental Health:** Some young people feel sad or stressed when they see pictures that look perfect.
  - Example: A person feels bad after seeing perfect photos.
2. **Mean Comments:** Some kids get hurt by unkind messages from others.
  - Example: A person receives hurtful comments online.
3. **Too Much Time Online:** Spending too much time on social media can take away from schoolwork and real-life fun.
  - Example: A student forgets to study because they are on their phone.
- **Media Option:** Show a simple picture that explains mean comments.

#### Slide 5: Social Media and Self-Image

- **Pressure to Look Good:** Many pictures show people looking perfect, which can make young people feel they need to look a certain way.
  - Example: Seeing fancy photos may make someone feel less confident.
- **Real People:** Some accounts show everyday people and remind us that everyone is unique and special.
  - Example: Accounts that share stories of different people.
- **Media Option:** Use images that show real people having fun.

#### Slide 6: Using Social Media Wisely

1. **Set Limits:** Try not to spend too much time on social media each day.
  - Example: Limit to one hour after school.



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2. Follow Positive Accounts: Choose to follow people who make you feel good.
  - Example: Follow artists, teachers, or funny accounts.
3. Talk About Your Feelings: If social media makes you feel bad, share your feelings with someone you trust.
  - Example: Talking to a friend can help.
- Media Option: Include a simple image of a happy conversation.

